

Carver County Family Resource Guide

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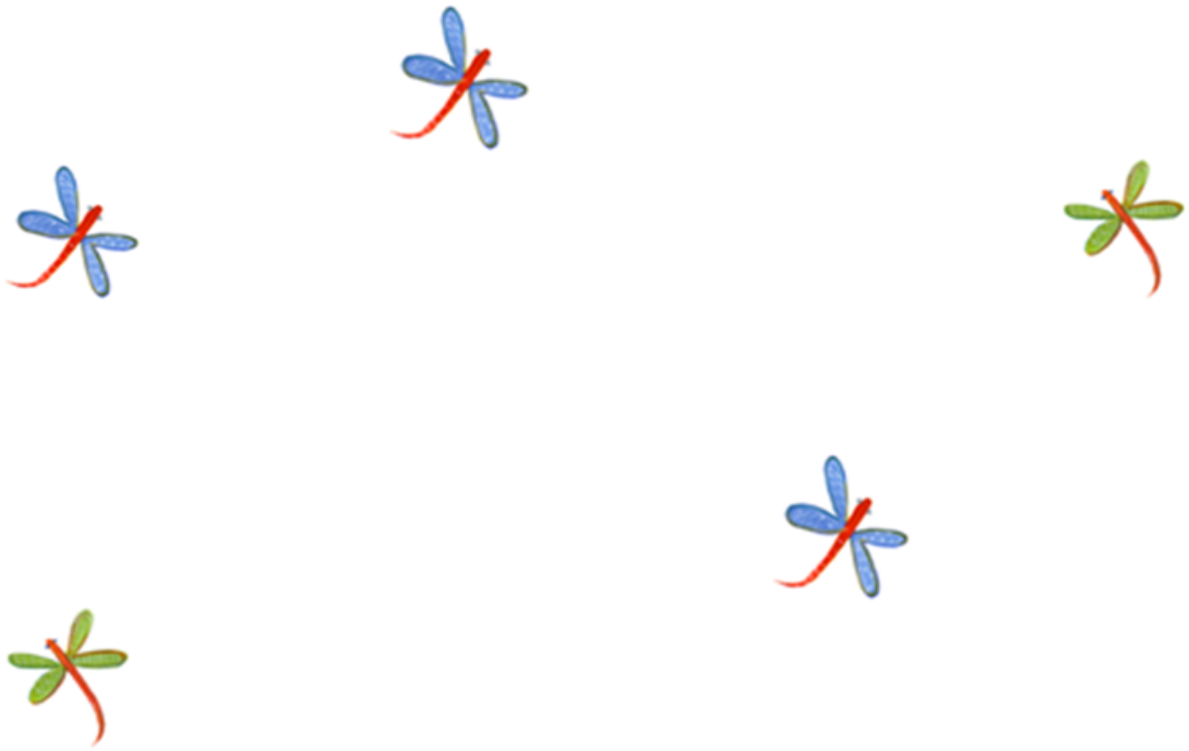


Carver County



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Carver County Government Center
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Chaska, MN 55318-2102
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www.helpmegrowcarvercounty.org
www.co.carver.mn.us



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November 2011





What If My Child Isn't Doing things Like Other Children His/Her Age?



As you watch your child grow, you may become concerned about your child's development. While all young children grow and change at their own rate, sometimes you may have concerns that your child is developing differently than others the same age as your child. **Early intervention services are available to families of children with special needs beginning at birth.**

It includes two programs for eligible children:

 **Help Me Grow: Infant and Toddler Intervention** are special services and supports for children birth through age two years and their families. These services are provided for eligible children who may be experiencing delays in their development for several reasons, including special health conditions. These services are designed to meet the unique developmental needs of each child and their family and are offered at no cost to families.

 **Help Me Grow: Preschool Special Education** is for eligible children ages three to five years. Help Me Grow services are free to eligible families regardless of income or immigrant status. Help Me Grow provides services bases on the needs of preschool children who meet state eligibility criteria for developmental delay or other disability, and who are experiencing challenges in their learning and development. Children may be eligible if they are not able to learn, speak or play like other children who are the same age.

What types of services are available to eligible children?

Services are based on the child and family's needs and priorities. Parents are essential team members in the decision-making process of identifying services for their family. Core services at no cost to the family include Service Coordination and Early Childhood Special Education and related services such as:

- Special instruction and other services, such as speech, physical and occupational therapy;
- Ways that a family can support their child's development at home; and
- Connections to community services and programs

Contact:

Carver County Help Me Grow.....952-567-8210
Statewide Help Me Grow.....1-866-693-4769
On-line referral www.MNparentsKnow.info

What If My Child Isn't Doing things Like Other Children His/Her Age?..continued..



Early Childhood Behavioral Specialist..... 952-361-1587

Consultations with parents or childcare providers regarding challenging behaviors in young children.



Early Childhood Mental Health Therapist 952-567-8220

Evaluation and treatment of social emotional concerns in very young children.



Occupational/Physical Therapy

Special help for children to develop their motor, sensory, feeding and self-help skills.

Contact:

St. Francis Capable Kids 952-428-1265

Kid Talk, Advanced Children's Therapy 952-443-9888

Ridgeview Pediatric Rehab..... 952-442-9888, est. 6068



Speech and Language Services

Special help for children to develop their communication and language skills

Contact:

St. Francis Capable Kids 952-428-1265

Kid Talk, Advanced Children's Therapy 952-443-9888

Ridgeview Pediatric Rehab..... 952-442-9888, est. 6068

Children's Therapy Specialists 952-955-3323



Child Development Assessment and Treatment

Organization that provides evaluation, treatment and services for children with special developmental needs.

Contact:

Fraser..... 612-861-1688

Alexander Center 952-993-2498

St. David's Child Development & Family Services 952-939-0396

Children's Hospital – Developmental Pediatrics 612-813-6777

Developmental Behavioral Pediatric Clinic – U of MN 612-626-4260

What Screenings Or Assessments Are Available For My Child?



Follow Along Program

For all parents of children birth to age 3 to learn about their child's healthy growth and development. Parents can use the program to learn if their child is playing, talking, growing, moving and acting like other children the same age. The Follow Along program is open to all county residents; there are no eligibility requirements or costs associated with participating in Follow Along.

Contact:

Carver County Follow Along Program **952-361-1329**
www.co.carver.mn.us/departments/PH/followalong_program.asp



Early Childhood Screening

A quick and simple check of how your child is doing between the ages of 3-4 years. It identifies, at any early age, possible health or learning concerns so that your child can get help before starting school. It is a free service offered by your school district. **In Minnesota, all children are required to complete early childhood screening before kindergarten entrance.** However, it is not a test for kindergarten.

Contact:

Chaska, Carver, Chanhassen, Victoria **952-556-6224**
Waconia, New Germany, St. Bonifacius **952-442-0613**
Norwood Young America, Hamburg, Cologne **952-467-7390**
Watertown, Mayer **952-955-0203**
Chanhassen, Excelsior, Minnetonka **952-401-6840**



Checkups/Well Child Exams

A thorough checkup while your child is well. It includes vision and hearing check, laboratory tests (lead, blood, and urine), immunizations if needed, a complete physical exam, health education and consultation about healthy lifestyles, nutrition and developmental checks, and a time to have questions addressed.

Contact:

Your local health provider for **Child & Teen Checkups** for Medical Assistance (MA) and Minnesota care. These programs cover the cost.

Private insurance: Typically a benefit of most plans, except major medical.

Un/under insured: Call Public Health for resources **952-361-1329**

Is There Help For Medical Expenses/Coverage?



Health Care Coverage

General Assistance Medical Care:

Assists persons who cannot meet costs of necessary medical care. Must be between the ages of 21-64 and not disabled nor eligible for a federal program.

Medical Assistance:

Minnesota's Medicaid program and provides services to low-income senior citizens, families, children, and people with disabilities. There are income limits to qualify for this program, and you can apply through your local county human services office.

Minnesota Care:

A health care program sponsored by the state for people who live in Minnesota and do not have access to health insurance. There are income limits and other guidelines to qualify. Enrollees pay a monthly premium based on income and/or family size.

TEFRA:

Medical Assistance (MA) program for children with disabilities that provides Services for those children who meet eligibility criteria and live at home with their families. Families can apply through the local county social services office.



Uninsured or Underinsured?

Information and assistance connecting with health care programs that best meet individual needs.

Carver Co. Public Health Information & Referral Line.....	952-361-1329
River Valley Nursing Center	952-496-8669
Portico Healthnet.....	651-603-5100
Care Connections.....	1-877-405-3493
PACER – Family to Family Health Information Center.....	952-838-9000
	http://www.pacer.org/health/
Bridge to Benefits	http://bridgetobenefits.org



Where Can I Bring My Family for Low Cost Medical/Dental Services?



Low Cost Medical Clinics

St. Mary's Clinic.....	651-287-7777
Neighborhood Healthcare Network.....	651-489-2273
West Suburban Teen Clinic.....	952-474-3251
Public Health Immunization Clinic.....	952-361-1329
Minute Clinic – Chanhassen.....	1-866-389-2727
Target Clinic – Chaska.....	952-361-3043
Target Clinic – Waconia.....	952-442-9333
Community – University Health Care.....	612-638-0740
Green Central Community Clinic.....	612-827-7181
NIP Community Clinic.....	612-374-4089
People Center Medical Clinic.....	612-332-4973



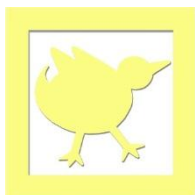
Low Cost Dental Services

Children's Dental Services.....	612-746-1530
Normandale Community College.....	952-487-7020
Minnesota Dental Association.....	612-767-8400



Family Planning Resources

Family Planning and STD Hotline.....	1-800-783-2287
Planned Parenthood.....	1-800-230-7526
West Suburban Teen Clinic.....	952-474-3251



What Can Social Services Provide?



Cash and Food Programs:

Minnesota Family Investment Program
Minnesota Food Assistance Program
General Assistance
MN Supplemental Aid
Refugee Cash Assistance
Diversionary Work Program
Food Support Program



Emergency Programs:

Emergency Assistance
Emergency General Assistance
Emergency MN Supplemental Aid



Other Services:

Adoption Services
Adult Services
Chemical Dependency
Child Care Assistance
Child Services
Child Support
Developmental Disabilities
Employment and Training
Foster Care
Mental Health Services
Senior Services
Transportation



Developmental Disabilities Case Management:

Information about community resources and county, state and federal programs. Short-term service planning and ongoing case management to determine the needs of your child, identify and support options and obtain available funding.



Family Support Grant:

The purpose of this state funding program is to support families in providing the additional services to their child with developmental disabilities. It allows eligible families to receive monthly grant amounts to purchase services or equipment to allow their child to remain at home.



Waivered Services:

The waiver enables families to keep their disabled child at home or to provide him/her with services in the least restrictive environment within the community. It allows Medicaid to cover a variety of services that are not available to other Medicaid participants. The availability of these services depend upon allocations from the state.

Contact:

Carver County Social Services
952-361-1600



What Does Public Health Have to Offer My Family?



For the Family

Immunizations
Public Health Nurse Visits
Follow Along Program – Child Growth and Development Screening
Pregnancy and Childbirth Education
Follow up Sudden Infant Death Syndrome
Resources for families that have children with special needs
Child & Teen Checkups – Outreach for the preventive healthcare program



In the community...

All Babies Count contact or home visits available to parents of newborns
Child & Teen Checkups for ages 0-21 on Medical Assistance or MNCare
Community Health Assessment and Action Planning
Follow Along child development and Action Planning
GoCarverGo Active Living Initiative website
Immunization Clinics for uninsured and under-insured residents
Medical Reserve Corps (MRC) of Carver County volunteer program
Office of Aging planning for the increase in residents ages 65+
ReadyCarver emergency preparedness resources website
SHOC: Saving Hearts in Our Communities AED program
Worksite Health Promotion resources to encourage healthy behaviors and reduce health care costs
Communicable Disease prevention and Control



Other services

Investigation of public health nuisance complaints
Information, education, and referral regarding environmental health questions and concerns



Contact:

Information and Resources – Public Health’s Information and Resources phone line during regular business hours Monday through Friday. Or Email us with your questions or requests for more information about Public Health programs and services, health education and data needs, and to receive assistance connecting to local resources.

Email public-health@co.carver.mn.us
Call **952-361-1329**

What Mental Health/Counseling Services Are Available?

- First Street Center**.....952-442-4437
Provides mental health assessments, therapy and psychiatry to adults (including seniors), adolescents, and children in Carver County, as well as case management, chemical health, and crisis services.
- Connected Families**.....952-448-3625
Adolescent, family and marriage counseling.
- Family Innovations**952-224-2282
Counseling for children and family. Will provide counseling in home.
- Northland Counseling**.....952-368-0450
Individual and family therapy.
- Stone Creek Psychiatry**952-241-4050
Psychiatric assessment and treatment for children and adults.
- The Jonas Center**952-361-9700
Individual, family and couple therapy.
- The Lorenz Clinic**952-443-4600
Individual, family and couple therapy.
- Early Childhood Behavioral Specialist**952-361-1587
Consultants with parents or childcare providers regarding challenging behaviors in young children.
- Early Childhood Mental Health Therapist**952-567-8220
Evaluation and treatment of social emotional concerns in very young children.
- Mental Health Association of Minnesota**.....1-800-862-1799
Advocacy and assistance with accessing treatment and services for mental health illnesses.

Where Can I Go For Early Childhood Family Education?

Early Childhood Family Education (ECFE)

A program for all families with children between the ages of birth and Kindergarten. The program supports parents in their role as their child's first and most important teacher. It is a program that provides information, support, and friendship.

Contact:

For Area Early Childhood Family Education:

Chaska, Chanhassen, Victoria, Carver	952-556-6224
Waconia, New Germany, St. Bonifacius	952-442-0613
Norwood Young America, Hamburg, Cologne	952-467-7390
Watertown, Mayer	952-955-0280
Chanhassen, Excelsior, Minnetonka.....	952-401-6812



Where Can I Bring My Child For Reading Opportunities/Libraries?

Reading Opportunities/Libraries:

Chaska	952-448-3886
Chanhassen	952-227-1500
Waconia	952-442-4714
Norwood.....	952-467-2665
Watertown	952-955-2939
Victoria Express	952-227-1500
Cologne Express	952-442-4714

What About Other Programs/Resources In The Area?



CAP – Community Action Program (serving Carver, Scott and Dakota counties)

Thrift shop	Meals on Wheels
Energy Assistance	Money Management/Financial Planning
Emergency Assistance	Rental Assistance
Head Start	Transitional Housing
WIC	Crisis Assistance Funds
Crisis Nursery	Child Care Resources and Referral
Housing/Homeless Prevention	

..... 952-960-9700



Food Shelves/Food Programs

Chaska	952-556-0244
Chanhassen – PROP	952-937-9120
Norwood Young America.....	952-467-1870
Waconia	952-442-3878
Watertown	952-955-1980
Westonka – Mound.....	952-472-5599
FARE For All	763-450-3880
WIC – Chaska	952-567-8229
WIC – Shakopee	952-960-9700



Clothing/Furniture

Love INC. Clearinghouse	952-448-3261
Mary's Wish.....	952-442-2268
CAP Agency Thrift Shop (Shakopee)	952-402-9878
Goodwill – Shakopee.....	952-233-8897
PROP	952-937-9120



Transportation

Smartlink (www.smartlinktransit.com)	952-496-8341
Southwest Transit (www.swtransit.org)	952-949-2287



Breastfeeding Support

Ridgeview Medical Center Lactation.....	952-442-2191, ext. 5262
St. Francis Breastfeeding Support.....	952-428-2064
La Leche League.....	612-922-4996
National Breastfeeding Hotline	1-800-994-9662

What About Other Programs/Resources In The Area?..continued..



Parenting

MN Parents www.parentsknow.state.mn.us

U of MN Extension, Carver County

Programs and publications available on a variety of home and family topics

..... 952-466-5300



Adult Basic Education (www.cseced.org) 952-403-7674



Financial Management

U of MN Extension 952-466-5300



Advocacy

ARC – Greater Twin Cities

Individual advocacy and support for developmentally disabled and their families.

Offers support groups and workshops on key topics and family events.

..... 952-920-0855

www.arcgreatertwincities.org

PACER – Parent Advocacy Coalition For Education Rights

Assistance to individual families, workshops, materials for parents and professionals, and leadership in securing a free and appropriate public education for all children.

..... 952-838-9000 or 800-537-2237

www.pacer.org

MN Children & Youth with Special Health Needs (MCYSHN)

Information and Referral, Child Advocacy, Case Consultation and Technical Assistance.

..... 651-201-3650 or 1-800-728-5420



Chemical Dependency

Alcohol and Drug Assessments 952-361-1600

Alcoholics Anonymous 952-922-0880

Alanon/Alateen 952-920-3961



Housing

Carver County Community Development Agency..... 952-448-7715

Frequently Used Numbers

Doctor: _____

Dentist: _____

Daycare: _____

School: _____

Other: _____









Other: _____

Other: _____



**Document created and maintained by Carver County
Public Health. Please contact us at (952)361-1329 for
any edits or if additional copies needed.**

What If I Need A Crisis Number?

-  **Carver/Scott Mental Health Crisis Line** 952-442-7601
-  **Crisis Connection** 612-379-6363
Free 24 hour Mental health telephone counseling and resources.
-  **Crisis Nursery** 612-839-5101
Safe, temporary child care for your children during times of crisis.
-  **Sexual Violence Center** 612-871-5111
24 hour services to victims of sexual assault and concerned persons.
-  **Southern Valley Alliance for Battered Women** 952-873-4214
24 hour crisis line, safe homes, support group and supervised visitation for battered women and their children.
-  **Suicide Prevention**
MN Crisis Line 1-866-379-6363
National Suicide Prevention Life Line 1-800-273-8255
-  **Child Protection** 952-361-1600
Call to report child abuse and neglect.
-  **Poison Control** 1-800-222-1222

