

## ADVOCACY RESOURCES

Arc Greater Twin Cities  
952-920-0855  
[www.arcgreatertwincities.org](http://www.arcgreatertwincities.org)

Arc Minnesota  
651-523-0823  
[www.arcminnesota.com](http://www.arcminnesota.com)

ADA Minnesota (Americans with Disabilities Act)  
651-603-2015  
<http://www.adaminnesota.org>

ADA Information Line (Americans with Disabilities Act)  
Unites States Dept. of Justice  
1-800-514-0301  
[www.ada.gov](http://www.ada.gov)

Health Information and Advocacy Center  
952-838-9000  
[www.pacer.org/health/index.htm](http://www.pacer.org/health/index.htm)

Insurance Federation of Minnesota  
Insurance Help Line  
952-253-6234 (metro) 1-800-642-6121 (Greater Minnesota)  
[www.ifm2.advocateoffice.com](http://www.ifm2.advocateoffice.com)

MN Dept. of Education  
651-582-8200  
<http://education.state.mn.us>

MN Dept. of Health  
651-201-5000 or 1-888-345-0823  
[www.health.state.mn.us](http://www.health.state.mn.us)

MN Dept. of Human Services  
651-431-2000  
[www.dhs.state.mn.us](http://www.dhs.state.mn.us)

MN Disability Law Center  
612-332-1441 or 1-800-292-4150  
[www.mndlc.org](http://www.mndlc.org)

MN State Council on Disability  
651-361-7800 or 1-800-945-8913  
[www.disability.state.mn.us](http://www.disability.state.mn.us)

PACER  
952-838-9000 or 1-800-537-2237  
[www.pacer.org](http://www.pacer.org)

Ombudsman for Mental Health and Mental Retardation  
651-296-3848 or 1-800-657-3506  
[www.ombudmhm.state.mn.us](http://www.ombudmhm.state.mn.us)

Social Security Administration  
1-800-772-1213  
[www.ssa.gov](http://www.ssa.gov)